

## Lean Video Course - Chapter 1

### Learn Lean Basics in 10 Videos

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**Video 1** - What is Lean Leadership - Boss vs Leader (2:27)

<http://www.leanvlog.com/boss-vs-leader-first-step-to-lean-management/>

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**Video 2** - The 14 Principles of the Toyota Way (3:22)

<http://www.leanvlog.com/14-principles-of-the-toyota-way/>

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**Video 3** - Lean is a way of thinking - Meals per hours (6:21)

<http://www.leanvlog.com/meals-per-hour/>

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**Video 4** - Introduction to Lean (6:35)

<http://www.leanvlog.com/what-is-lean-thinking/>

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**Video 5** - The 7 Wastes and Tim Wood (1:05)

<http://www.leanvlog.com/7-wastes/>

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**Video 6** - The fastest changeover - SMED and Formula 1 (0:34)

<http://www.leanvlog.com/lean-thinking-example-pit-stop/>

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**Video 7** - A real example in Philips (3:29)

<http://www.leanvlog.com/philips-lean-thinking-simplified/>

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**Video 8** - ABB and Lean Manufacturing (2:38)

<http://www.leanvlog.com/abb-and-lean-manufacturing/>

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**Video 9** - Harley Davidson and Lean (2:55)

<http://www.leanvlog.com/harley-davidson-and-lean-manufacturing/>

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**Video 10** - Lean Explained by Eating Pizza (3:20)

<http://www.leanvlog.com/lean-manufacturing-explained/>